

# The grip of God

*God will hold your hand through life's ups and downs*

DANBURY, Conn. – “For I know the plans I have for you,” says the Lord. “They are plans for good, and not for bad, to give you a future, and a hope.”

This bible verse, Jeremiah 29:11, explains what Michael Arterberry found in his savior when he was faltering in life, both spiritually and physically.

*God was Holding My Hand*, written from Michael's point-of-view by his wife, Rachel, documents how Michael's increasing health problems lead to a point near to paralysis and loss of the ability to walk.

Years before, Michael had come to know God's caring nature when he decided to take his status as a Christian to the next level and live his faith in every part of every day.

Michael had always been an inspiring figure who would give the contents of his wallet to a stranger on the street, and who would be a dynamic mentor to children through various non-profit works. However, his life as a Christian, husband, and father came to a screeching halt when it was discovered that the debilitating limp that had been plaguing Michael's leg for years, was actually due to a dangerously-located cyst.

Undergoing a harrowing surgery that would determine whether or not he would ever walk again, Michael turned to God for comfort. And when he arose out of anesthesia to a successful surgery, he felt God's hand in his own, leading him out of pain.

*God Was Holding My Hand*

By: Rachel Arterberry

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Available at <http://godwasholdingmyhand.com/>

## About the author

Rachel Arterberry wanted to tell her husband's extraordinary story and does so through his eyes in *God Was Holding My Hand*, which is her first book. A certified life coach, Rachel helps others find their calling through her organization Making a Way, and also spends her time facilitating the youth-assistance group Youth Voices Center, Inc. She is currently at work on another inspirational book. Rachel lives in New Fairfield, Connecticut with Michael and their two children.

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